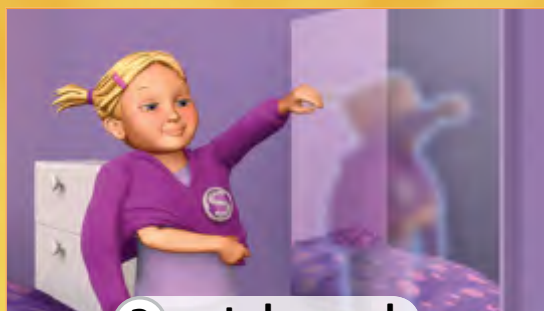


# 1 My day

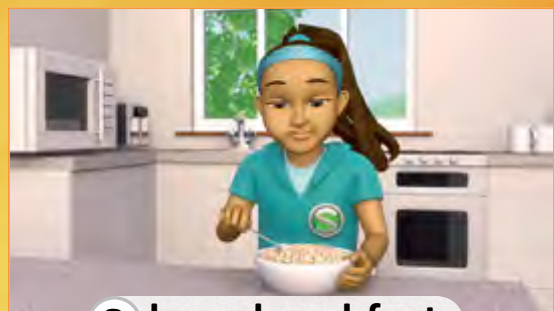
**1** <sup>CD 1</sup><sub>13</sub> Listen and look. Then listen and say the words.



**1** get up



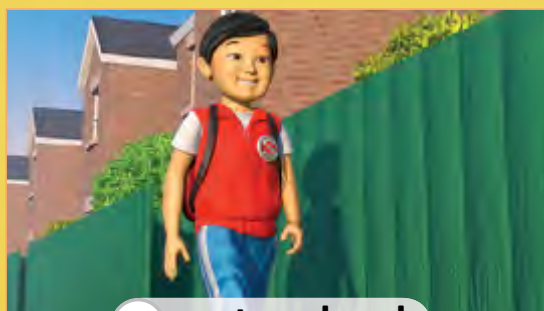
**2** get dressed



**3** have breakfast



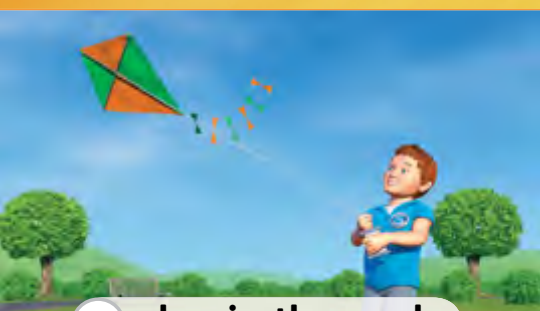
**4** brush your teeth



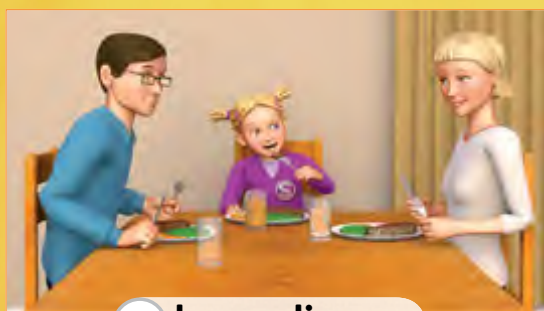
**5** go to school



**6** have lunch



**7** play in the park



**8** have dinner



**9** go to bed

**2** <sup>CD 1</sup><sub>14</sub> Listen and chant.

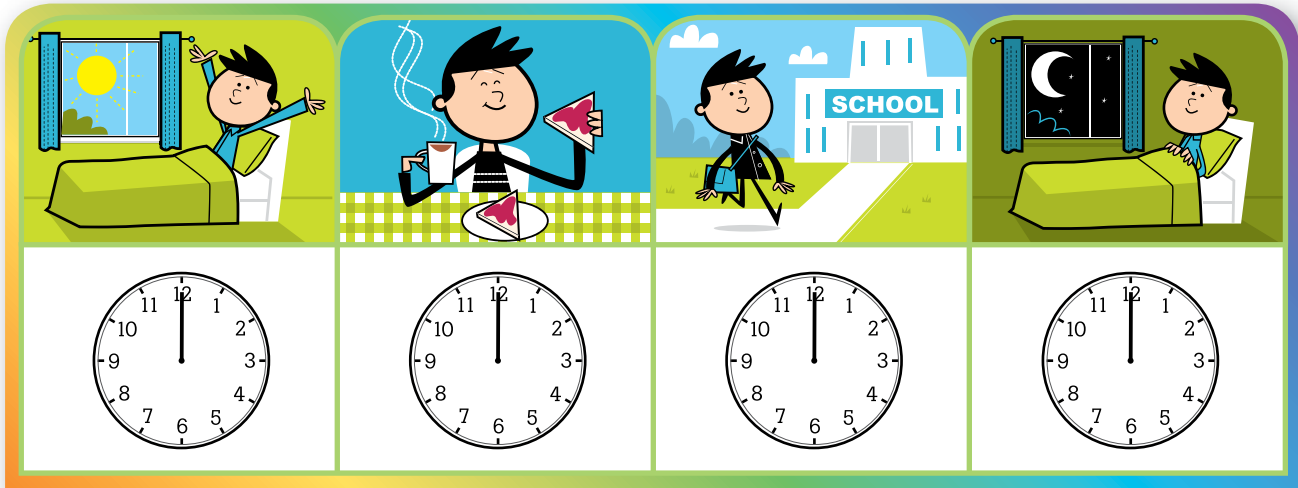
Get up early,  
 Yawn, yawn, yawn.  
 Have your breakfast,  
 Crunch, crunch, crunch.  
 Brush your teeth,  
 Brush, brush, brush.

Go to school,  
 Run, run, run.  
 Have some lunch,  
 Munch, munch, munch.  
 Go out and play,  
 Hip, hip, hurray!

1 **Listen and colour.**

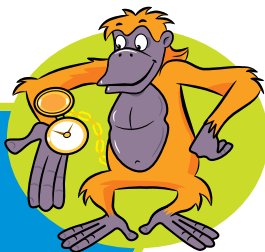


2 **Listen and draw the times on the clocks.**



3 **Grammar focus Listen and say.**

**What's the time?** **It's nine o'clock.**  
**When do you have breakfast?** **At seven o'clock.**



4 **Ask and answer.**



**1** CD 1  
18 Listen and sing.

It's three o'clock in the afternoon!

I get dressed,  
 And then I have a shower.  
 And then I brush my teeth,  
 For another hour.

Mr, Mr, Mr Blue,  
 What a funny thing to do.  
 Oh, Mr, Mr Blue,  
 What can we do with you?



It's six o'clock in the morning!

I eat dinner,  
 And watch TV.  
 Then I have lunch,  
 And drink some tea.

Mr, Mr, Mr Blue,  
 What a funny thing to do.  
 Oh, Mr, Mr Blue,  
 What can we do with you? ...



**2** Draw a picture of Mr Blue.





1 Read and number the pictures.

Benny gets up at seven o'clock.  
He has breakfast at eight o'clock  
and then he goes to school. He  
plays in the park at four o'clock.  
He has dinner with his mum and  
dad at six o'clock and he goes to  
bed at nine o'clock.



2 CD 1 20

Grammar focus

Listen and say.

Claire gets up at eight o'clock.  
She goes to school at nine o'clock.

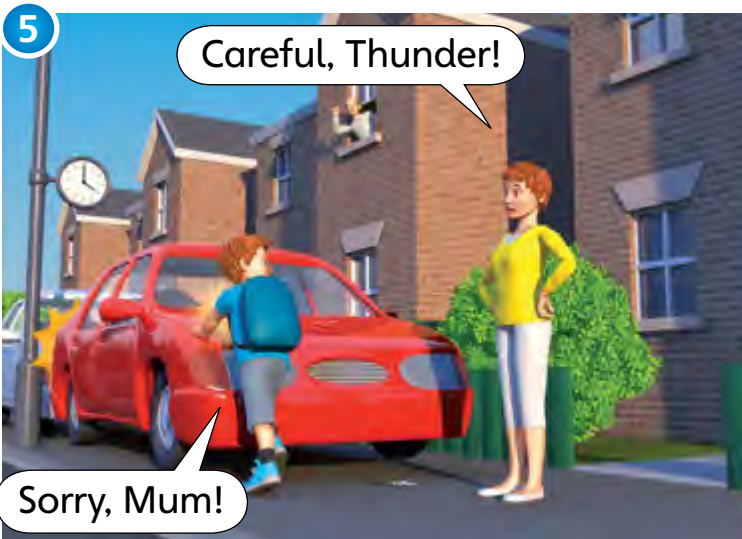
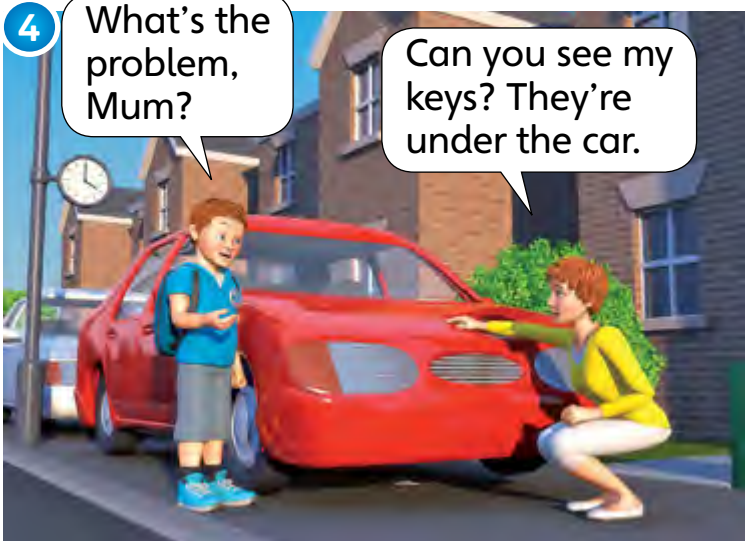
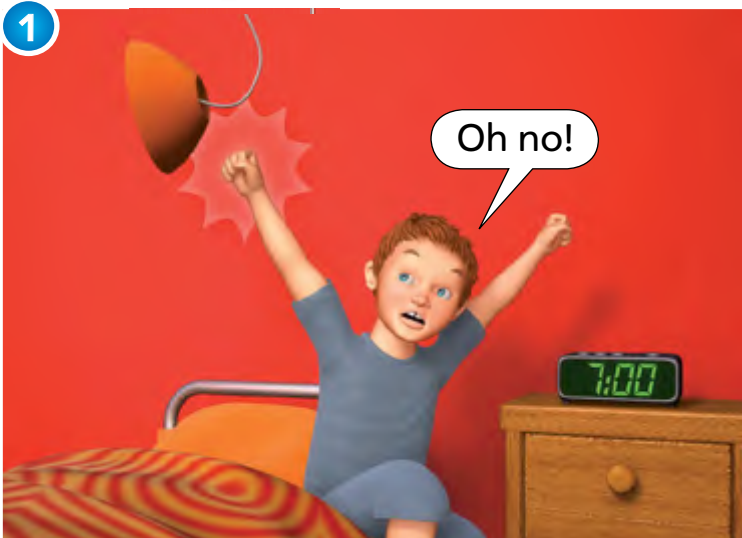


3 Think! Look and say what the children do.

 Claire				
 Emma				
 Kate				

1 CD1 22

# What a day!







2 What does Thunder do at these times?

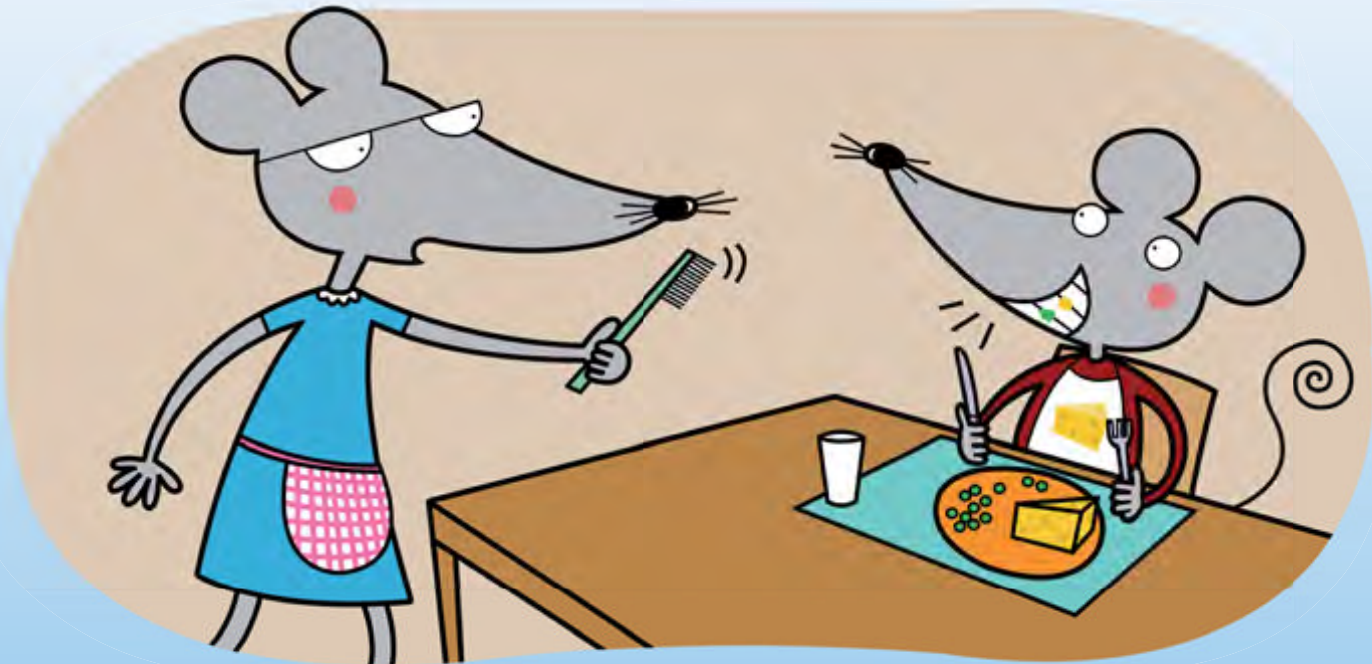
- 1 seven o'clock    2 four o'clock    3 six o'clock  
4 three o'clock    5 eight o'clock

Thunder ... at seven o'clock.

3 Find who says ... Can you see my keys?



4 CD 1 24 Listen and say.



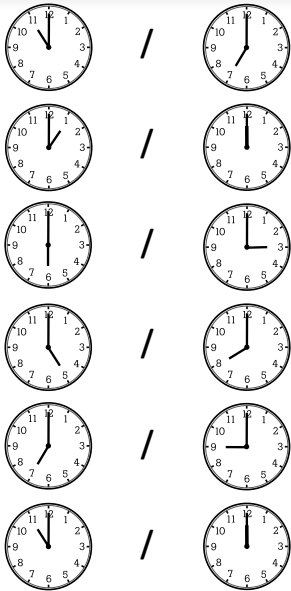


**1** Read and circle.

Janice is a pilot. She flies from Heathrow airport in London to all over Europe. At eleven o'clock in the morning she leaves her house. She arrives at the airport at twelve o'clock. Today, her flight is to Rome. It leaves London at three o'clock and it arrives in Italy at five o'clock. At seven o'clock, the plane leaves Rome and it arrives in London at ten o'clock. Janice gets home at eleven o'clock at night. What a long day for Janice!



- 1 Janice leaves her house.
- 2 Janice arrives at the airport.
- 3 Her plane leaves London.
- 4 Her plane arrives in Rome.
- 5 Her plane leaves Rome.
- 6 Janice gets home.



**2** Choose a day of the week, draw pictures and write about it.

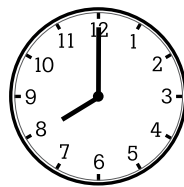
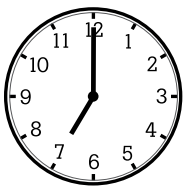
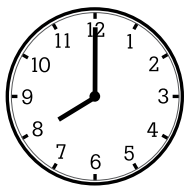
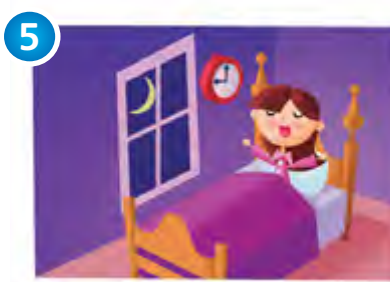
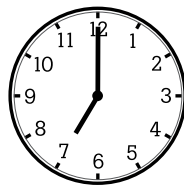
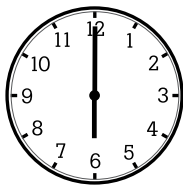
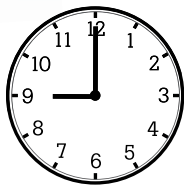
On Saturday I get up at nine o'clock and have breakfast at ten o'clock.





1 CD 1 28

Listen and draw lines.



2

Talk about your day.

